

# PATIENT FACT SHEET

## TALKING TO YOUR PARTNER WHO HAS ED



**ED affects both of you and can result in frustration, anger and less intimacy. To show your support, get informed, choose your moment, and let him know he is not alone.**

### CASUAL APPROACH:

- Honey, I love you and I am here to help with whatever is on your mind. Do you want to talk about it?
- I love when we spend time together, and I like it best when you hold me. What can we do to get those moments back?
- We have a great relationship and I enjoy being with you, but things haven't been the same between us.

### DIRECT APPROACH:

- I know sex may be hard to talk about, but we need to address the ED. There are treatment options available and I want to help.
- There are a lot of couples that face this issue. I'm here for you. We could talk to your doctor. What do you want to do?
- We work hard on our relationship, so let's work hard on overcoming ED.

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